



# Onderzoek naar effect van MCT

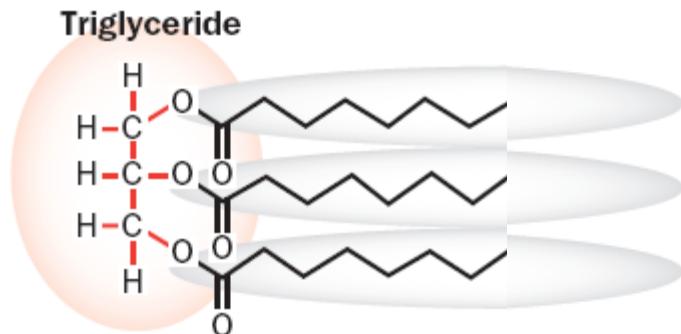
## **Long-chain of lange keten**



**LCT- vet**

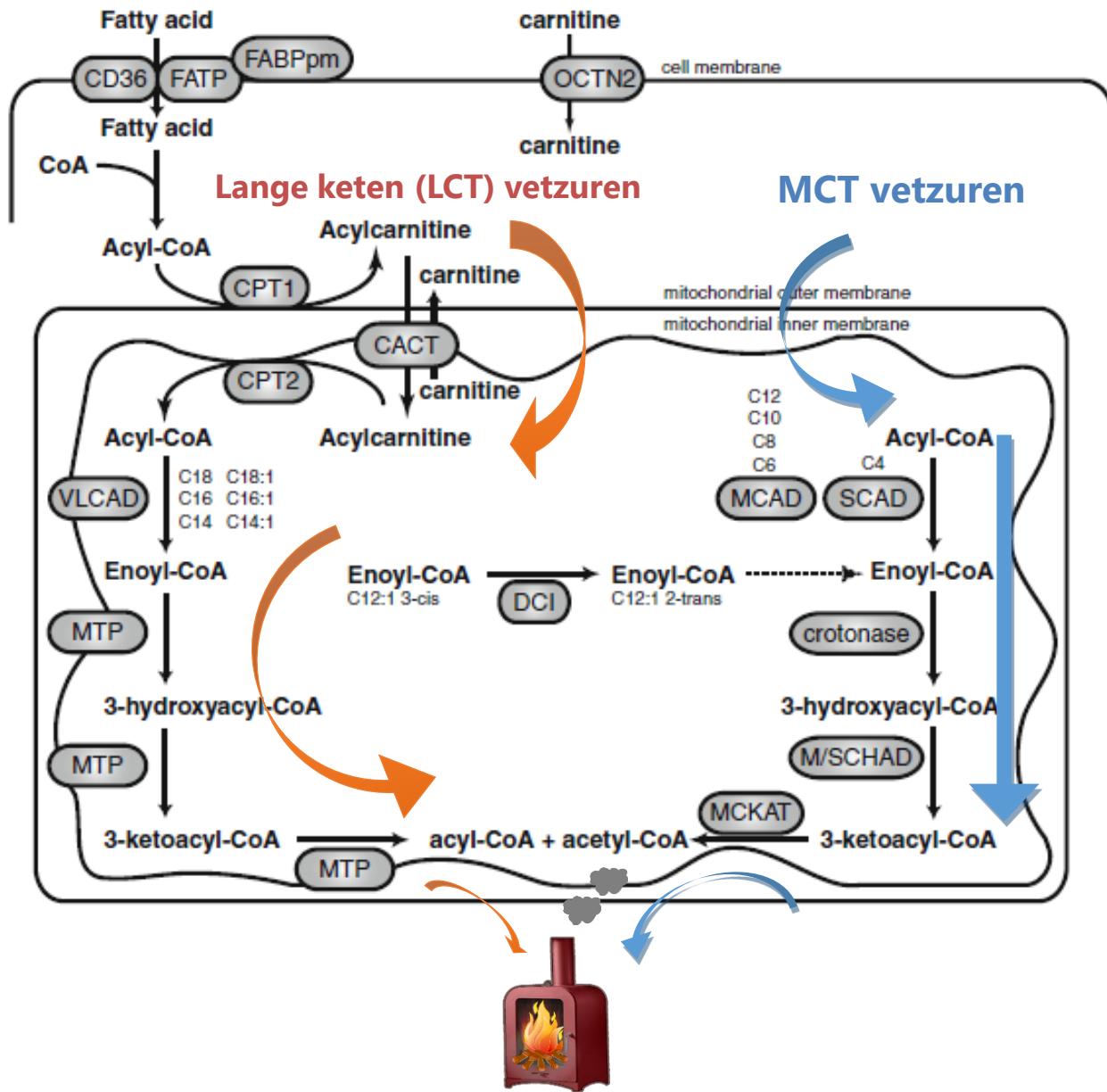
**vet uit 'normale' voeding**

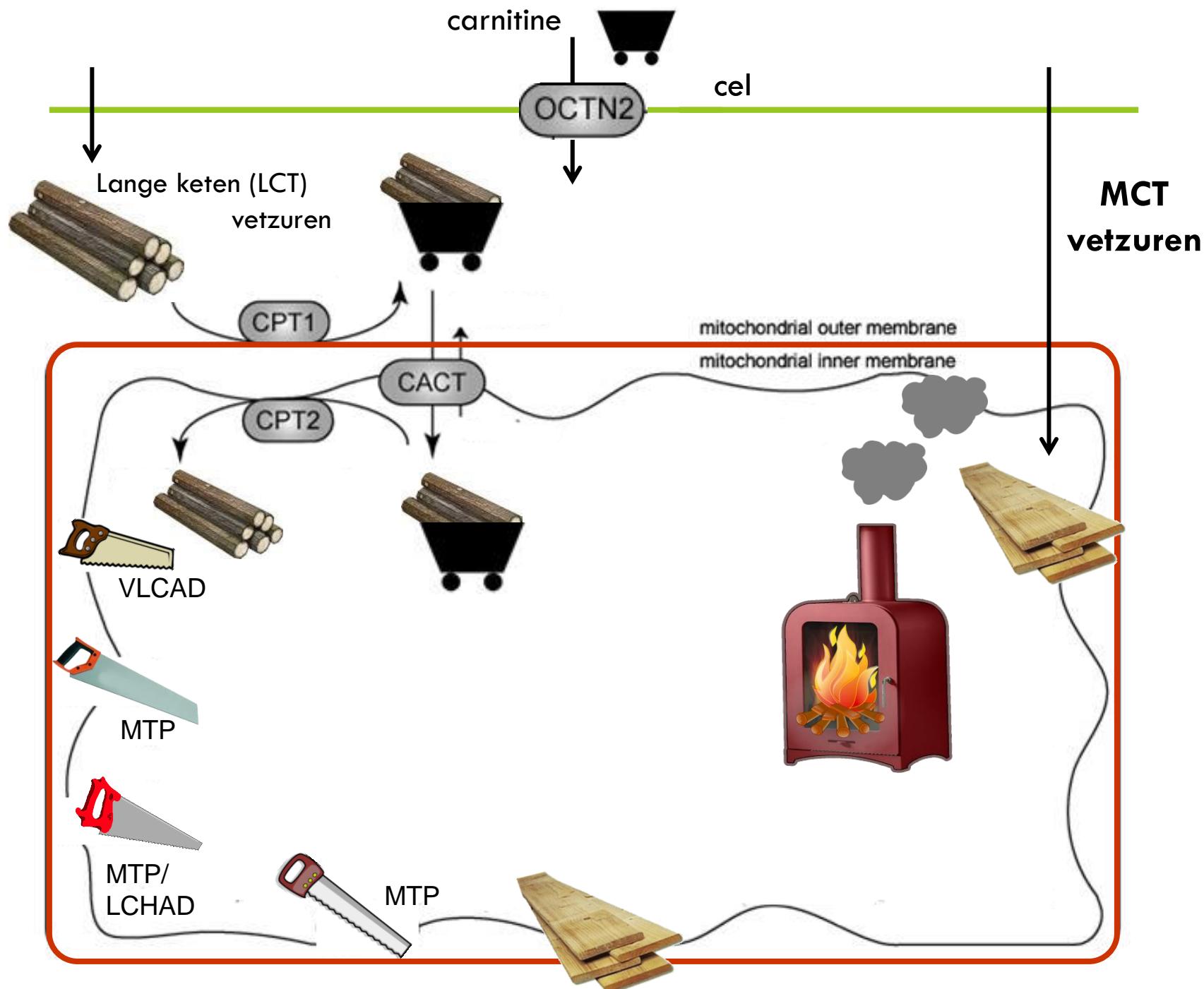
## **Medium-chain of middellange keten**



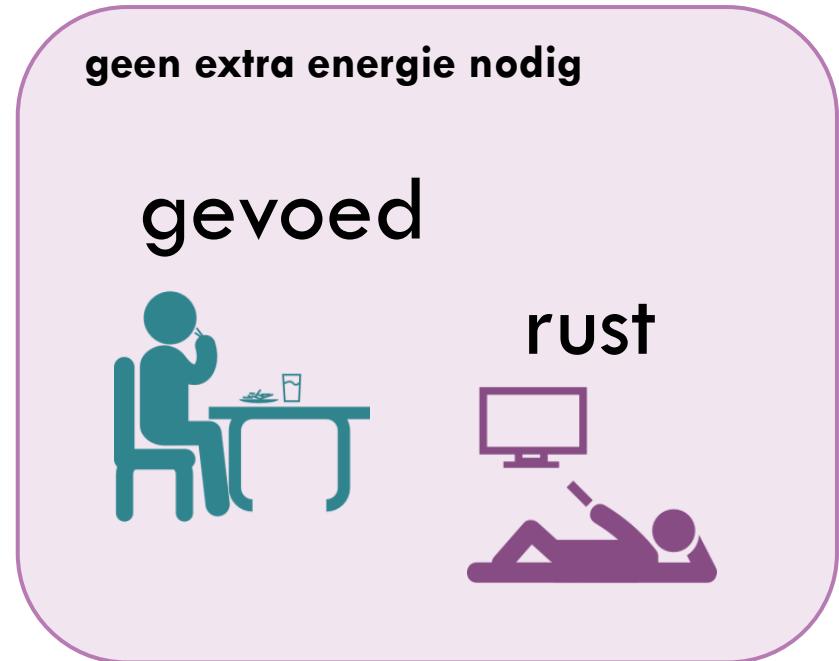
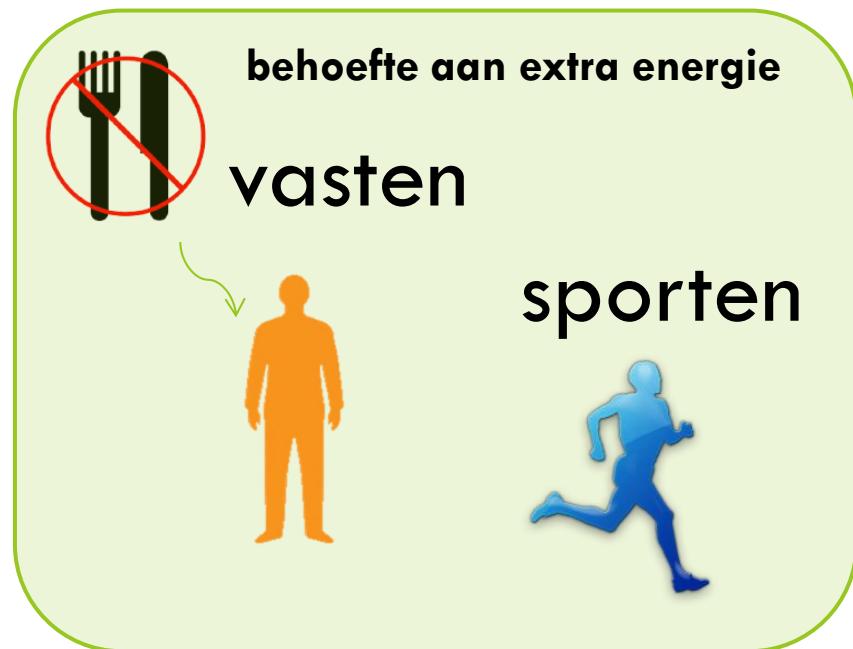
**MCT- vet**

**speciaal dieet vet**

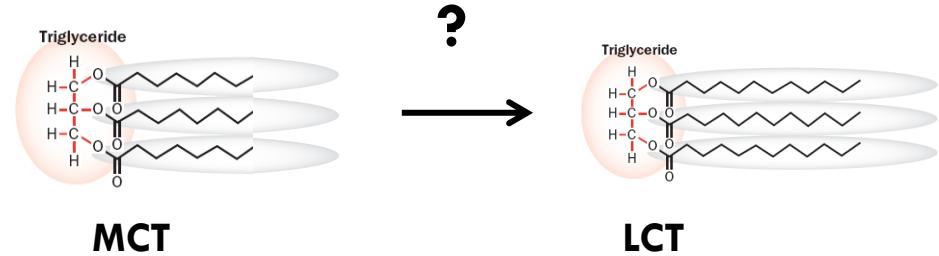




# Hypothese



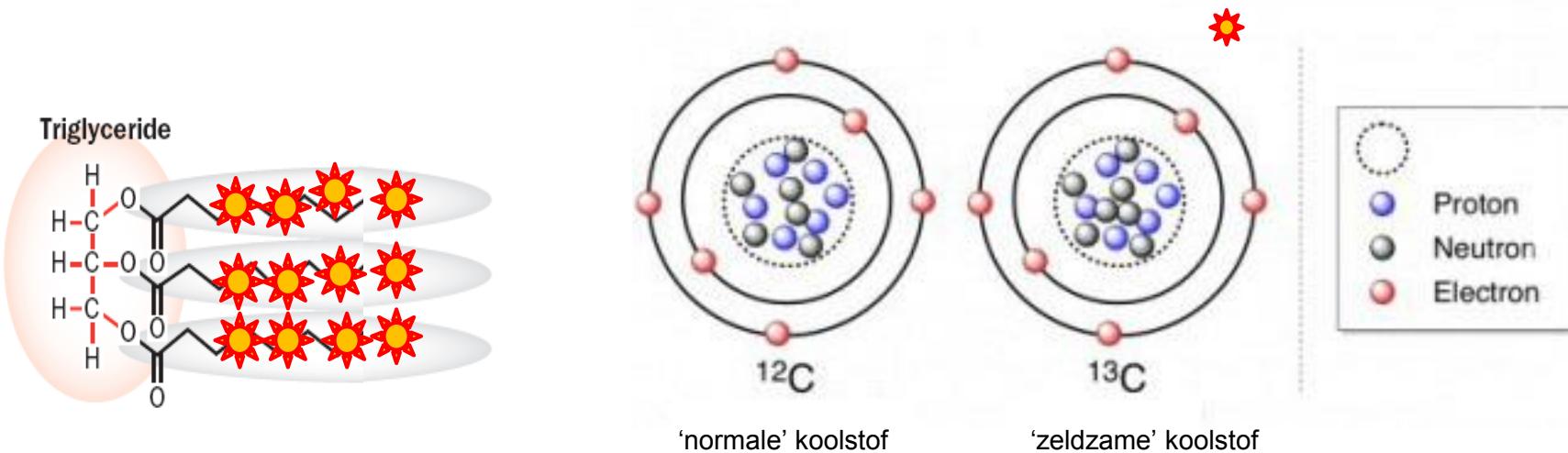
MCT vet wordt verbrand



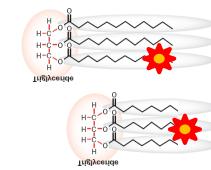
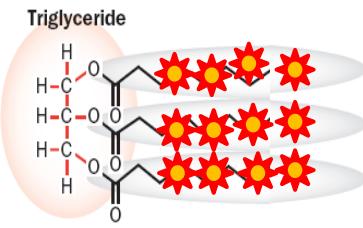
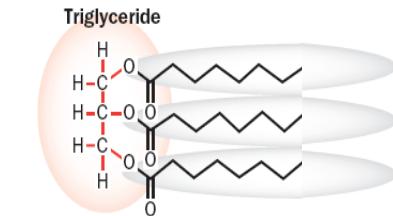
MCT vet wordt als LCT vet opgeslagen

# Onderzoek naar effect van MCT

- Gezonde volwassen mannen
- Inname van MCT drank, gelabeld met stabiele isotopen
- Tijdens vasten, gevoede toestand en inspanning
- We kijken waar de stabiele isotopen terecht komen
  - In de vetten in het bloed, dus ook LCT
  - In uitgeademd CO<sub>2</sub>



# Effect van MCT



Kunnen we stabiele isotopen terugvinden in

- (LCT) vetten in bloed?
- Uitgeademd  $\text{CO}_2$ ?

